

HOLY TRINITY ORTHODOX CHURCH

~ a Pan-Orthodox parish of the Antiochian Orthodox Christian Archdiocese ~

His Eminence Metropolitan JOSEPH, Archbishop of New York
and Metropolitan of all North America

His Grace Bishop NICHOLAS, Auxiliary Bishop of the Diocese of Miami
Archpriest Joseph Bittle, Pastor



SUNDAY OF ORTHODOXY

FIRST SUNDAY OF GREAT LENT

MARCH 8, 2020

Preparing to Worship the Thrice-Holy God

Upon Entering the Church

I will come into thy house in the multitude of thy mercy;
and in thy fear I will worship toward thy holy temple.

(Ps. 5:7)

A Prayer before Holy Communion

O Sovereign Lord Jesus Christ, our God,
who alone hast authority to forgive men their sins:
overlook in thy goodness and love for mankind all my offences
whether committed with knowledge or in ignorance;
and make me worthy to receive without condemnation
thy divine, glorious, spotless, and life-giving Mysteries,
not for punishment, nor for an increase of sins, but for purification and sanctification and as a
pledge of the life and the kingdom to come,
as a protection and help, and for the destruction of enemies,
and for the blotting out of my many transgressions.
For thou art a God of mercy and compassion and love for mankind, and to thee we send up
glory, to the Father and to the Son and to the Holy Spirit. Amen.

(St. John of Damascus)

A Word for Newcomers

A warm welcome to all those worshipping with us at Holy Trinity! If you are from a non-Orthodox background you may see many new and unfamiliar things. Rest assured that everything has a solid biblical foundation and a long history among Christian people. Please join us for coffee after the service. And feel free to ask Fr. Joseph any questions you may have.

About receiving Holy Communion: The Orthodox Church understands the Eucharist, or Lord's Supper, to be – among other things – the paramount expression of Christian unity. Since participation in the Eucharist expresses a formal unity with all the dogma and practice and discipline of the Orthodox Church, **non-Orthodox** guests do not receive Holy Communion. **Orthodox** communicants are reminded that we approach the Chalice with due preparation including recent Confession, keeping the appointed fasts of the Church, and appropriate prayers of *preparation* for the reception of Holy Communion and *thanksgiving* after.

DIVINE LITURGY of ST. BASIL THE GREAT

Variable Hymns and Readings



FIRST ANTIPHON

(Verses for Sunday of Orthodoxy)

Verse: The Lord is King, He is clothed with majesty.

Refrain: Through the prayers of the Theotokos, O Savior, save us.

Verse: For He established the world which shall not be shaken.

Verse: Who shall tell of the mighty acts of the Lord?
Who shall make all His praises to be heard?

Verse: So let them say that have been redeemed by the Lord,
whom He hath redeemed from the hand of the enemy.

Glory to the . . . Now and ever . . .

SECOND ANTIPHON

(Verses for Sunday of Orthodoxy)

Verse: Let them give thanks unto the Lord for His mercies,
and for His wondrous works for the sons of men.

Refrain: O Son of God, who arose from the dead, save us who sing to Thee.
Alleluia.

Verse: Let them exalt Him in the assembly of the people,
and in the seat of the elders let them praise Him.

Verse: The eyes of the Lord are upon them that fear Him,
upon them that hope in His mercy.

Verse: To hear the groaning of them that be in fetters,
to lose the sons of the slain..

Glory to the . . . Now and ever . . . Only begotten Son ...

THIRD ANTIPHON
(Verses for Sunday of Orthodoxy)

Verse: Let the heavens and earth praise Him.

Byzantine Chant - Tone 2

Adapted by Michael G. Farrow
from the music of Anonymous

Ison
Thy pure ___ im - age do we ven - er - ate, O Good ___
One, ask - ing for - give - ness ___ of our ___ sins, O ___ Christ ___ our
God; for by thine own good ___ will thou didst as - cend the
cross in thy bod - y to save thy ___ crea - tures
from the bond - age of the ___ en - e - my. Where - fore, with
thank - ful - ness we cry a - loud to thee: Thou hast ver - i - ly
filled all ___ with joy ___ since thou didst come, O ___
Sav - ior, to ___ save ___ the world. ___

Vs. This is the day which the Lord hath made; let us rejoice and be glad in it.

Vs. I will confess Thee among the peoples, O Lord.

AT THE LITTLE ENTRANCE

Troparion for Resurrection (Tone 5)

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

Troparion for Sunday of Orthodoxy (Tone 2)

Thy pure image ... *(as above)*

Patronal Troparion of Holy Trinity (Pentecost - Tone 8)

Blessed art Thou, O Christ our God, who hast revealed the fisherman as most wise, by sending down upon them the Holy Spirit; through them Thou didst draw the world into Thy net. O Lover of Man, glory to Thee!

Kontakion

O Champion Leader, to thee I offer thanks of victory! O Theotokos, thou hast delivered me from terror. As thou hast invincible power, O Theotokos, thou truly can set me free from all danger; set me free and deliver me, that I may cry unto thee: Hail, O Bride without bridegroom!

Trisagion – Kievan Chant version during Great Lent

EPISTLE: Hebrews 11:24-26, 32-40 *(First Sun. of Great Lent)*

BRETHREN, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. He considered abuse suffered for the Christ greater wealth than the treasures of Egypt, for he looked to the reward. And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Some were tortured, refusing to

accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated, (of whom the world was not worthy), wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

GOSPEL: St. John 1:43-51 (*First Sun. of Great Lent*)

At that time, Jesus decided to go to Galilee, and he found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and said to him, "We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to him, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered him, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And he said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

Megalynarion During Anaphora

All of creation rejoices in thee, O Full of Grace; the assembly of angels and the race of men, O Sanctified Temple and Spiritual Paradise; the glory of virgins, from whom God was incarnate and became a child, our God before the ages; He made thy body into a throne, and thy womb He made more spacious than the heavens. All of creation rejoices in thee, O Full of grace: Glory to thee!

At the conclusion of the Procession with the Holy Icons, we say together:

Synodikon of Orthodoxy
of the Seventh Ecumenical Council

As the Prophets beheld, as the Apostles have taught,
as the Church has received, as the Teachers have dogmatized,
as the Universe has agreed, as Grace has shown forth,
as the Truth has revealed, as falsehood hath been dissolved,
as Wisdom has presented, as Christ has awarded,
thus we declare, thus we assert, thus we proclaim:
Christ our true God and honor His saints in words, in writings, in thoughts, in
sacrifices, in churches, in holy icons;
on the one hand, worshipping and reverencing Christ as God and Lord;
and on the other hand, honoring as true servants of the same Lord of all and
accordingly offering them veneration.

And louder:

This is the Faith of the Apostles. This is the Faith of the Fathers.

This is the Faith of the Orthodox.

This is the Faith which has established the Universe.



Food for Hungry People Lenten Change Boxes

Pick one up at the end of Divine Liturgy, or make one for yourself at home, and use it to donate your spare change to help those in need.

Commemorations on Soul Saturday:

Preferably, please submit names using the online form found at orthodoxarkansas.com/soul-saturday-commemorations prior to Friday evening.

THIS WEEK

Great Lenten Fast

- Sunday, March 8 ~~Cancelled Pan-Orthodox Vespers~~
- Monday, March 9 The Forty Martyrs of Sebaste
- 6:30 pm** **Great Compline**
- Tuesday, March 10 Kodratos of Corinth and his five companions; Anastasia the patrician of Alexandria; New-martyr Michael of Thessalonika
- Wednesday, March 11 Sophronios, patriarch of Jerusalem; Martyrs Thallos and Trophimos; Venerable George of Sinai; Theodora the empress; repose of Euthymios, bishop of Novgorod
- 6:30 pm** **Presanctified Liturgy** (*remember to fast before Holy Communion*)
followed by a Lenten Meal (Spaghetti)
- Thursday, March 12 Venerable Theophanes the Confessor of Sigriane; Gregory the Dialogist, pope of Rome; Venerable Simeon the New Theologian; Righteous Phineas
- Friday, March 13 The translation of the relics of Nikephoros, patriarch of Constantinople; Poplias and Marios the bishops
- 12:00 pm** **Ladies Book Group** (*“Everyday Saints and Other Stories”*)
- 6:30 pm** **Akathist Hymn to Theotokos (Little Compline)**
- Saturday, March 14 SOUL SATURDAY; Venerable Benedict of Nursia; Euschemenos, bishop of Lampsakos
- 9:00 am** **Divine Liturgy w/ Trisagion for Departed**
- 6:00 pm** **Great Vespers**
- 6:45 pm** **Confession**
- Sunday, March 15 SUNDAY OF ST. GREGORY PALAMAS - Martyr Agapios of Palestine and those with him; Apostle Aristoboulos of the Seventy, first bishop of Britain; New-martyrs Manuel of Crete and Parthenios
- 9:00 am** **Church School**
- 8:50 am** **Orthros** (special start time through end of Great Lent)
- 10:00 am** **Divine Liturgy**
- 11:30 am** **Coffee Hour**